

# 'Happy Heart' is second nature for organic producer



Kitty Colchester of Urlingford has rebranded her organic rapeseed oil 'Second Nature'.

## TESS FELDER

URLINGFORD producer Kitty Colchester's long-awaited harvest of this year's crop of organic rapeseed is almost ready to hit the shelves again.

And although the rapeseed oil is still produced at Drumeen Farm, it now has its own brand name - Second Nature.

"The rapeseed oil used for the feasibility study was produced in a clear bottle in order to satisfy

customer curiosity; however, it is not the correct way to store the oil due to the high percentage of light-sensitive poly-unsaturated fatty acids (Omega 3 and Omega 6), so it was intended that as and from September 2010 the oil would be sold in a dark green flint 500ml bottle and a 5ltr tin," Ms Colchester explained.

"With much debate, and mostly due to all the other changes to the packaging, we have decided to keep

the product name 'Happy Heart Oil'."

This award-winning Irish alternative to imported olive oil and sunflower oil can be bought in Kilkenny through the Gourmet Store, Nelly's Fruit and Veg Shop, and Duncan Healy's veg stall at the farmers market. It will also be stocked in the health food stores and other retailers throughout Ireland. (Stockists can be found on [www.secondnatureoils.com](http://www.secondnatureoils.com) or call 087 9265423.)